

Anchor Senior Care Residence

Contact: Last Updated: 06/28/2023 8:26:14AM Last Reviewed: 03/17/2022

Phones:

(207) 324-4046 [Business]*, (207) 324-8849 [Fax]

[Business]* Address: 25 Oak Street Springvale, ME 04083 (York county) Eligibility: Accepts Mainecare/Medicaid

Web Site:

Phones:

Anchor Senior Care is a licensed 10 bed Level IV residential Care Facility. They provide a family atmosphere, Notes: nutritious home-cooked meals, transportation to doctor appointments and take pride in keeping a clean, comfortable, warm, safe environment that allows for personal independence and respect and allows privacy. Mainecare is accepted.

Please call for more information and/or to apply for admission.

Atlantic Heights

Contact: Last Updated: 01/10/2024 1:02:22PM Last Reviewed: 03/17/2022

Address: [Business]* 100 Harbor Drive Saco, ME 04072 (York county) Eligibility: Accepts Mainecare/Medicaid

(207) 283-4236 [Business Fax], (800) 874-6990 [Toll free in state]

(207) 283-3022 [Business]*,

Web Site: www.atlanticheightsretirement.com

Atlantic Heights is a retirement community that offers a wide range of housing options and services including Notes: Independent Living, Assisted Living, Alzheimer's Care, Respite, Skilled Nursing & Rehab, Long Term Care and Hospice. Community members have priority access to the comprehensive healthcare services offered at Atlantic Heights. Vary depending on Housing & Services options selected. Mainecare may be available on Alzheimer's Care unit. Please call for more information and pricing as some options are private pay.

This resource information is provided as a service of the So. Maine Agency on Aging, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7 411. SMAA does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers. Rev.20240305



Berwick Estates

Contact: Last Updated: 08/31/2022 11:10:27AM Last Reviewed: 03/17/2022 Phones: (207) 384-2715 [Business]*, (207) 591-0751 [Other]

Address: [Residence]* 79 Portland Street South Berwick, ME 03908 (York county) Eligibility: Accepts Mainecare/Medicaid Web Site: www.newcommunitiesinc.org

Notes: Berwick Estates located in South Berwick, Maine is an assisted living community for seniors like you who want to remain independent while getting the individualized support they need with daily living activities. Berwick Estates has 37 beds, all semi-private rooms and is a licensed Level IV Residential Care Facility. Respite care may be arranged if a bed is available. Please call for more information, to arrange a tour and/or to apply for admission.

Phones:

Mailing Address: New Communities, Inc., 869 Main St, Suite 600, Westbrook, ME 04092

Biddeford Estates

Contact: Last Updated: 03/17/2022 2:46:09PM Last Reviewed: 03/17/2022

(207) 591-0751 [Other]

(207) 283-0111 [Business]*,

Address: [Business]* 2 Dartmouth Street Biddeford, ME 04005 (York county) Eligibility: Accepts Mainecare/Medicaid

Web Site: www.newcommunitiesinc.org

Notes: Biddeford Estates, is a four story, 89-bed licensed assisted living community. The goals are for residents to be as self-reliant as they can be, practice individual choice, retain dignity, and participate in activities within the community as much as they want. If a bed is available, respite care can be arranged. Please call for more information and/or to apply for admission.

Countryside Adult Family Care Home

Phones: (207) 929-5787 [Business]*

Contact: Last Updated: 03/03/2023 10:41:50AM Last Reviewed: 03/17/2022

Web Site:

Address: [Business]* 1334 Long Plains Road Buxton, ME 04093 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Countryside Adult Family Care Home is a licensed Level III Residential Care Facility that provides assisted living care. Private and semi-private rooms are available with an emergency response system built into each room and bathroom. Recreational and social events, including gardening and crafts, are encouraged. The facility will arrange transportation for medical appointments. Countryside also offers respite care at a daily rate. They accept private pay first and then Mainecare.

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Sentry Hill at York Harbor

Contact: Last Updated: 03/17/2022 3:01:46PM Last Reviewed: 03/17/2022 Phones: (207) 363-5116 [Business]*, (207) 363-4182 [Business Fax]

Address: [Business]* 2 Victoria Court York, ME 03909 (York county) Eligibility: Accepts Mainecare/Medicaid

Web Site: www.sentryhillyorkharbor.com

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn and The Cottages for independent residential living.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheim s Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Maineca

The Dickens Lane facility provides extended living. Private and Semi-private bedroom suites are available, and residents enjoy an array of activities in the sunroom, recreation room, and outside in the courtyard. Our all inclusi service structure allows residents to age in place.

Please note: Only memory care unit accepts Mainecare.

Please call for current fee structure and admission process to any of Sentry Hill

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Southridge Rehabilitation & Living Center

Contact: Last Updated: 03/17/2022 3:03:01PM Last Reviewed: 03/17/2022 Phones: (207) 282-4138 [Business]*, (800) 671-4138 [Other]

Address: [Business]* 10 May Street Biddeford, ME 04005 (York county) Eligibility: Accepts Mainecare/Medicaid Web Site: www.southridgerehabandliving.com

(207) 206-1360 [Other]*

Notes: Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program fc patients with Alzheimer's Disease but they do not have a locked unit.

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the familie and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

Contact: Last Updated: 06/06/2022 1:00:46PM Last Reviewed: 03/17/2022

Address: [Business]* 21 June St Sanford, ME 04073 (York county) Eligibility: Accepts Mainecare/Medicaid

Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare.

The Lodges Care Center, Inc.

 Contact:
 Phones:
 (207) 324-4757 [Business]*

 Last Updated:
 03/17/2022
 3:03:25PM

 Last Reviewed:
 03/17/2022
 Web Site:
 www.dltchealthcare.com

 Address:
 [Business]*
 Web Site:
 www.dltchealthcare.com

 P0 Box 355
 Springvale, ME 04083 (York county)
 Web Site:
 www.dltchealthcare.com

 Eligibility:
 Accepts Mainecare/Medicaid
 Web Site:
 www.dltchealthcare.com

Notes: The Lodges Care Center is a 57 bed facility that offers residential assisted living services to a largely senior population. Accommodations include private and semi-private rooms with bath.

Web Site:

Phones:

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